



PRESENTS

BUSINESS UNFILTERED

EPISODE **2**- Ms. Ruby Ajmani 26TH IUNE 2021

"The perfect place to help you realize your Startup Dreams and to enhance your Business Knowledge"

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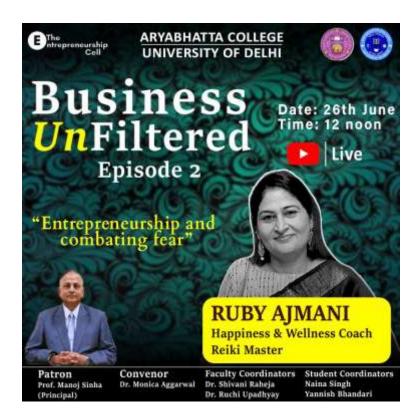
Episode 2 Link: https://www.youtube.com/watch?v=kM0levV8L1A&t=1s

The Entrepreneurship Cell, Aryabhatta College initiated a new YouTube series titled "Business Unfiltered" on 19th June, 2021. The second episode was marked by the presence of Professor Manoj Sinha, Principal, Aryabhatta College and the speaker Ms. Ruby Ajmani, a Happiness and Wellness coach and a Reiki Master. A Delhi University graduate herself; she is the founder of Evolving Minds. She is also a certified 'Heal your Life' workshop facilitator with over 25 years of teaching experience.

During the session, Ms. Ajmani talked about two human emotions - **Love and Fear**. She emphasized the importance of spreading love and happiness as she believes one can achieve anything through love. She highlighted a story of an old man from which she concluded the importance of moving on from failures and rising up. She explained the importance of **self-love** and how this can bring a positive impact to one's life. She also shared that everything in the world has energy within. We receive much more than what we give in the same energy and our future is based on what decisions we make in the present.

Ms. Ruby Ajmani also talked about the concept of 'Mirror Work' by Louis Hay where she asked the viewers to spare 10 minutes of their time talking to themselves while looking at the mirror. She also suggested the viewers to practice gratitude as soon as we wake up by making a list of things, we are grateful for, in our lives. Her lessons positively impacted the budding entrepreneurs and can be used to achieve greater success in life. The interview ended with some questions asked by members of team E-Cell. The webinar was also very well received by the audience on YouTube and the video has amassed close to 380 views.

EVENT POSTER



EVENT HIGHLIGHTS



